

New family rate pricing this year in any combo of $8 \mathrm{~K} / 5 \mathrm{~K} / 3 \mathrm{~K}$ walk Get $5 \%$ off with 3 family members participating -- $\$ 85.50$ Get $10 \%$ off with 4 family members participating -- \$108.00 Get $15 \%$ off with 5 family members participating -- $\$ 127.50$ These price are good for early registration only!!
$\square 8 \mathrm{~K}$ run
\$30 regsitration fee untill June 4 then $\$ 35$
$\square$ Kids fun run
$\$ 15$ reg fee
Youth Shirt size: S M L
$\square$ Mutt Strut \$15(owner must be registered in 5K or 3K too) Mutt Name $\qquad$
First Name $\qquad$ Last Name $\qquad$

Address


## Emergency Contact

$\qquad$

## Phone

$\qquad$

## Total Money

$\qquad$ Cash

## Check

I understand that running a road race is a potentially hazardous activity. I should not enter any of the events unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known to me. Having read this waiver, I, for myself and anyone entitled to act on my behalf, waive and release Groove City Events, L.L.C., City of Grand Rapids, all Race Sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant my permission to all of the foregoing to use any photograph, motion pictures, recordings, or any other record of this event for legitimate purposes.

